

SACRED HEART CATHOLIC CHURCH
Kabega Park, Port Elizabeth

Welcoming, inclusive, united family!

PARISH DIAMOND JUBILEE YEAR
(June 2021 – June 2022)



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THIRD SUNDAY OF LENT (YEAR C) – 19/20 MARCH 2022

In preparation for the celebration of the Sacraments of Christian Initiation at Easter, the church dedicates the Third, Fourth and Fifth Sundays of Lent to the “Scrutinies” of those who will be received into the church; this Easter, our parish will receive nine new members into the church through baptism, Confirmation and the Holy Eucharist. These ‘Elect’, as well as those seeking full communion with the Catholic Church, have heard the call of conversion to God, and respond in faith. But this call is addressed to all the faithful during this Lenten Season. As Jesus warns us in the gospel for the Third Sunday of Lent in Year C: *Unless you repent you will all likewise perish....* As we “journey together” on our Lenten pilgrimage, and thus discover anew the meaning *synodality*, Pope Francis reminds about the essence of this journey, which is so pertinent to Lent: “the Synod is a process of spiritual discernment, of ecclesial discernment, that unfolds in adoration, in prayer and in dialogue with the word of God”.

Schedule for Masses and Devotions this Week:

Time	Day	Date	Liturgical Day	Readings
17h00	Saturday	19 Mar	Holy Mass – Third Sunday of Lent	Exodus 3:1-8, 13-15; Psalm 103
08h00	Sunday	20 Mar	Holy Mass – Third Sunday of Lent	1 Corinthians 10:1- 6, 10-12
10h30	Sunday	20 Mar	Holy Mass – Third Sunday of Lent	Luke 13:1-9
08h30	Monday	21 Mar	Holy Mass – Liturgy of the Day (Human Rights Day)	2 Kings 5:1-15; Luke 4:24-30
17h30	Tuesday	22 Mar	<i>Exposition of the Blessed Sacrament</i> (with the Opportunity for Quiet Adoration)	Daniel 3:2, 11-20; Matthew 18:21-35
18h00			<i>Rosary Prayers before the Blessed Sacrament</i>	
18h30			Holy Mass – Liturgy of the Day	
06h00	Wednesday	23 Mar	Holy Mass – Liturgy of the Day	Deuteronomy 4:1, 5-9; Matthew 5:17-19
08h30	Thursday	24 Mar	Holy Mass – Liturgy of the Day (<i>St Oscar Romero</i>) <i>Followed by the Holy Hour – Adoration & Benediction</i>	Jeremiah 7:23-28; Luke 11:14-23
08h30 18h00	Friday	25 Mar	Holy Mass – Solemnity – Annunciation of the Lord <i>Stations of the Cross (Divine Mercy)</i>	Isaiah 7:10-14, 8-10; Luke 1:26-38
	Saturday	26 Mar		Hosea 6:1-6; Luke 18:9-14

(Lectionary/Daily Missal – Third Week of Lent – Readings for Weekdays from Daily Lenten Readings/Sundays from “YEAR C”)

** For the safety of all, please comply with the Covid-19 health and safety protocols, whenever visiting the church **

MASS INTENTIONS: Holy Mass is both a celebratory banquet as well as a sacrifice. It is the highest form of prayer and praise with immeasurable spiritual benefits. There is no prayer that surpasses that of the Mass. Every Mass is offered for all people, especially those in need. The Church encourages “full, active and conscious participation” by all the Christian Faithful in the liturgy. As a way of participating more intimately in the Eucharistic Sacrifice, it has long been the pious tradition, that the faithful request a Mass to be offered for their particular intentions, be it on the occasion of your birthday, wedding anniversary, death/death anniversary of a loved one, in thanksgiving or for any special intention. **If you are marking any of these occasions in March, the envelopes for the offerings are now available in the foyer.** Those who are able to give an offering or stipend to apply the Mass for their intention contribute to the good of the Church and by that offering share in, and express, its concern to support its ministers and works, especially in Lent. **Mass Intentions for the Coming Week:**

Day	Date	INTENTION
Saturday	19 Mar	For the People of the Parish
Sunday	20 Mar	Repose of the soul of Vuyolwethu Happiness Lobi
Sunday	20 Mar	Repose of the soul of Sean Gin

PRAYER AND DEVOTIONAL LIFE OF THE COMMUNITY

We encourage all parishioners to make the Sunday and weekday Masses and the Devotions part of their regular spiritual practices.

With the Covid-19 Restrictions now eased, you are able to fulfil your Sunday Obligation by attending a Sunday or, in extreme cases, a weekday Mass. There are now very few valid excuses for missing Sunday Mass.

Remember to keep the Lord’s Day holy, by prayer, charity and rest from servile labour.

SACRAMENT OF PENANCE AND RECONCILIATION (CONFESSION) during Lent: Saturdays, 16h15-16h45; Sundays, 07:30 and 10:00; weekdays during the Holy Hour on Tuesday evenings/Thursday mornings. There will be a Penitential Service on Wednesday, 6 April at 18h30.

TUESDAY EVENING ROSARY AND MASS: is dedicated to prayer for families of the parish. **Families are encouraged to choose at least one Tuesday in the month to come and pray as a family with the larger community to which we all belong.** A simple Exposition of the Blessed Sacrament will take place between 17h30 and 18h30. As usual, at 18h00, we will meditate on the Mysteries of the Rosary. You are welcome to come for the full hour or for the Rosary at 18h00. **Do come in quietly and with reverence.** Mass begins at 18h30.

THURSDAY ADORATION OF THE BLESSED SACRAMENT: to grow in our devotion to Jesus Christ, really and truly present in the Blessed Sacrament of the Altar, there is an opportunity to participate in the Holy Hour on Thursdays, after the 08:30am Mass.

FAMILY PRAYER: following the “Sunday of the Word of God” in January, we encourage all families to choose a specific evening, when the family can gather, say a Wednesday/Thursday evening, to prepare for the upcoming Sunday Mass by reflecting on the Scriptures. The Gospel Reading for next Sunday, the Fourth Sunday of Lent, is Luke 15: 1-3, 11-32...

STEWARDSHIP

PROPOSED SALE OF THE PARISH PIPE-ORGAN:

- The parish pipe organ has not been utilized and new more functional organs have been acquired.
- The pipe organ is very costly to maintain. In lieu of the above, the PFC recommends that the organ be sold.
- These funds, together with a generous donation, would be utilised towards the building of a Grotto for Sacred Heart Parish.
- Any serious objection should be emailed with a motivation to: secretary@sacredheartkabega.co.za by no later than 01 April 2022.

WEEKLY COLLECTIONS AND MONTHLY PLEDGE: heartfelt thanks to all parishioners who continue their financial support of the parish through their monthly pledge, either via EFT or the envelope system. All parishioners, who are employed or have a regular income, are invited to pledge every month, and, if they are not already doing so, to register and request a pledge number through the Parish Office. Make use of the “smart option” – *Electronic Transfer/EFT of weekly collections directly into the Parish Bank Account – use your name and “virtual collection”/pledge number as a reference. The Banking Details, for this purpose, are as follows - Standard Bank: Sacred Heart Catholic Church; Account Number: 080389007; Branch: Port Elizabeth; Branch Code: 050-017. The Lord loves a cheerful giver...*

SPECIAL COLLECTIONS DURING LENT: the Bishops’ Lenten Appeal envelopes are available in the foyer, on all Sundays of Lent.

FUNDRAISING COMMITTEE UPCOMING EVENTS – IN AID OF THE PARISH DIAMOND JUBILEE:

- **RAFFLE:** R50 per ticket, on sale after Masses. 1st prize - 2500L Water Tank and Booster Pump; 2nd prize - Salton 1000w Pressure Cooker; 3rd Prize - Sunbeam Electric Frying pan with glass lid. Draw will take place on 24 June 2022 at the Jubilee Gala Dinner.

MINISTRIES AND SODALITIES

PARISH PASTORAL COUNCIL (PPC): the Sacred Heart PPC has been at the helm for the past four years and therefore the time has come to elect a new one as per Diocesan Policy. What is a PPC? *It is a consultative body that serves to advise the parish priest about pastoral issues. The council’s main purpose is to investigate, reflect and reach conclusions about pastoral matters to recommend to the parish priest.*

PASTORAL PLAN AND SYNOD SESSION: a meeting will be held on Thursday, 31 March 2022 at 19h00, to launch the Bishops’ Pastoral Plan and the Synod on Synodality in our parish. We invite the PPC, and all the members of the Parish who are interested in finding out more about the Pastoral Plan and the Synod, to attend this meeting.

SACRED HEART OUTREACH MINISTRIES:

- **SATURDAY SOUP KITCHEN:** Group 1 will be distributing soup on Saturday, 19 March 2022, at 08:00am, in aid of the unemployed.
- **EASTER EGG COLLECTION:** Sacred Heart Outreach Ministry is collecting marshmallow eggs for the orphans & elderly. This can be left in the box in the foyer or handed in at the office during Lent.
- **SAINT VINCENT DE PAUL:** is in need of groceries and toiletries as well as monetary donations; these can be handed in at the Office. They have a special support project - the Kuyga Community was recently affected by a fire and are in need of any household items - furniture, curtains, bedding, building materials, clothes, crockery, etc; Assistance is needed for the rebuilding of destroyed shacks.

LENTEN CALENDAR

THE SEASON OF LENT – we are now entering the third week of our Lenten journey when *return to the Lord* through sincere prayer, fasting and almsgiving. This Lent is our spiritual preparation for the Jubilee as well. Lenten resources, to aid our spiritual growth during this Season, will be made available. “Lenten Matters of the Heart”, the daily reflections for Lent, will be prepared by Fr Lubabalo and Fr Runaine, and available weekly, at a printing cost of R5/copy. Lent is the perfect opportunity to return in earnest to the Holy Mass, Confession, and the devotions on weekdays. Wednesday morning Masses during Lent will be at 6:00am. Stations of the Cross will be on Fridays 18h00 (outdoors, weather permitting, so bring the whole family); Next Friday, the “Divine Mercy” Group will present the Stations of the Cross.

THE MONTH OF MARCH IS DEDICATED TO SAINT JOSEPH – may his silent, yet prompt obedience to God’s will, inspire us this Lent.

DAYS OF RECOLLECTION (RETREAT) DURING LENT – on the following Saturdays, between 10am and 13h00pm, in the Religious Centre:

- Saturday, 19 March 2022: Extraordinary Ministers of Holy Communion and Proclaimers.
- Saturday, 26 March 2022: Sacristans and Ministers of Hospitality.
- Saturday, 2 April 2022: **PARISH DAY OF PRAYER**, for all the members of the parish; Mass at 08h30am followed by all-day Adoration.
- Saturday, 9 April 2022: St Vincent de Paul Society and Divine Mercy Group.
- Saturday, 16 April 2022: RCIA Candidates and Sponsors.

UPCOMING DEANERY EVENTS:

- Deanery Stations of the Cross – the annual Lenten Pilgrimage for all parishes of the deanery returns this year. It will be held this Monday, 21 March 2022, on the parish grounds of San Francesco, Charlo, at 10h00am, and our parish is involved. All welcome!

PRAYER CORNER

For the sick and the housebound: Leigh Ah Shene, Sally Botha, Natalie Bray, Valerie Brown, Glynn Brown, Gerald Burger, Deanna Dickson, Pat Douglas, Patrick Dwyer, Sylvia Dyson, Roland Edgar, Butch Engelbrecht, Shirleen Grobbelaar, Graham & Thora Hempel, Lydia Hendricks, James Henderson, Eden Kempthorne, Jocelyn Keun, Lucia Leander, Ann Lentz, Isobel Lloyd, Stuart Mandy, Cynthia Rumble, Leo Smithies, Timothy Teulon, Joe & Thelma Trow and David Wong.

THE LORD IS COMPASSIONATE AND GRACIOUS (cf. Psalm 103)